

HIGH PERFORMANCE PATHWAY PROGRAMME



WREKIN





HOCKEY

**High
Performance
Pathway
Programme**

Wrekin College Hockey

High Performance Pathway Programme

Hockey is an incredibly successful and thriving sport at Wrekin College, where we are looking to engage and develop hockey players from beginners through to accomplished international level players. We have an excellent coaching team led by Will Walker, who has played and coached club to regional hockey here in the UK and abroad in Australia.

Will is assisted by Leon Coope, a highly experienced coach here in the Midlands and the North. Wrekin Hockey has very strong links with PerfX hockey, an external Hockey specialist coaching company, that provides hockey camps at Wrekin in the half terms and holidays throughout the year. Will Walker and Leon Coope help and guide PerfX to provide bespoke coaching for our players throughout the season and pre-season.

Wrekin hockey actively encourages players to join and participate in hockey at local clubs, to further develop their skills and expose them to adult hockey in the England hockey leagues. Due to our highly committed staff and coaching team, players at Wrekin have shown strong progression and have achieved successes with the school teams and externally.

Facilities

Our extensive facilities at Wrekin include:

Two full size floodlit Astro turfs. These are used for full 11-a-side and In2 hockey 7-a-side. Both FIH Category 3 Tigerturf (Hosts from school to National level competitions).

One Tigerturf mini astro used for warm-ups and individual practice.



Staff



Will Walker
Director of Hockey

Two Level 2 England Hockey Qualified Coaches. Both very experienced coaches at school, club and regional [Talent Academy] level.

Training and Fixtures

Girls Hockey training takes place in the Christmas term and boys hockey training takes place through the lent term. The players have a minimum of two training sessions a week plus fixtures against other schools. There is also a junior (Lancaster) hockey club running on Fridays during their activity time.

In girls hockey we compete against local schools on the county circuit via friendlies and county cups, while also competing in notable block fixtures with top schools in midlands such as RGS Worcester, Denstone and Kings Worcester to name a few.

In boys hockey we also compete against local Shropshire schools in the county cups and midland qualifiers, while also competing in notable block fixtures with Malvern, Denstone, Sandbach and King Henry VIII.



Links and Development Pathways

Wrekin has links to the three local England Hockey Talent Academies at Stoke-on-Trent, Stourport and the newly formed Sutton Coldfield TA, which currently have two Wrekin pupils playing for the Stoke TA, 4 pupils at the Stourport TA and one at Sutton Coldfield. As a school we also have very strong links to the local talent centre at Telford & Wrekin HC, with many players in the school training and playing fixtures for the talent centre.

Club Links

Wrekin has strong club links with the local Junior Shropshire club league (CVL) being hosted at the school every Saturday morning for U12-U14s. Many students at Wrekin are involved with the following clubs for age groups and adult hockey; Telford & Wrekin HC, Shrewsbury HC, Newport HC, Bridgnorth HC, Crewe Vagrants HC, Stourport HC, Wolverhampton & Tettenhall HC. Wrekin currently, for both girls and boys 1st teams, competes in pre-season fixtures against adult teams from local hockey clubs in the September of the Christmas term.



Past and Current Successes

Wrekin has had a hugely successful girls hockey programme, which has taken them from county champions to national finalists in 2022 for U16. The girls U12-U18 regularly qualify for midlands finals as Shropshire county champions and then compete at the midlands finals. This year the Wrekin U14s were crowned county champions and along with the U16 move on to the Midlands finals in November 2024.

In boys hockey 2023 was the most successful year for boys hockey in Wrekin History. Our U12, U13 and U14 and U18s progressed from the Shropshire county rounds to the midlands finals. Our U16 boys were crowned county champions, Midlands champions and made it all the way to the Tier 3 England Hockey National final.

Testimonials

Herbie, Fifth Form - (University of Birmingham HC & England U16)

Jacob, Fourth form - (Stourport HC & UK Lions)

Barnaby, Third Form - (Stourport HC & UK Lions)

Saffron Pemberton-Jandu - OWA (Stourport HC)





NETBALL

**High
Performance
Pathway
Programme**



Wrekin College Netball

High Performance Pathway Programme

Wrekin Netball is an important and inclusive sport for a vast number of girls at Wrekin College. Caroline Ritchie-Morgan [England Roses Academy selector and Birmingham Panthers coach] leads a top-class team of coaches. Wrekin has developed a 'netball family' which is inclusive and strives to help players reach their potential in an inspirational and caring environment. We encourage our players to thrive outside school, helping them join local clubs, and the exciting new England netball superleague franchises. Many Wrekin pupils have had successful trials at these franchises and will be playing National Performance League in the future.

Facilities

Our extensive facilities at Wrekin include:

Four outdoor floodlit courts

Two full size indoor courts with viewing gallery used by Birmingham Panthers Player Development Pathway Squad



Staff



Caroline Ritchie-Morgan.

Director of Netball
Level 3 coach and
England Roses
Academy Selector.

An avid netball fan, Caroline became coach to the Welsh Under 19 team in 2004, followed by assistant coach to the senior Welsh squad, spending a month at the Commonwealth Games in Melbourne, 2006. Since then, Caroline has won numerous titles with various school teams, regularly qualifying for the Regional and National Netball Finals. In 2022, Wrekin won Bronze at the National Schools' Finals. An incredible achievement to be ranked third, with the best netball schools in the country. Caroline is an England Netball Roses Academy Selector, assessing players in their quest to play for their Country. Since 2009, under Caroline's watchful eye Wrekin College has produced regular national finalists at Under 19 level.



Vicki Woodman

Assistant Director
of Netball
Level 3 coach



Karen Bennett

Level 2 coach



Pam

Level 2 coach



Training and Fixtures

Training takes place throughout the Christmas and Lent terms at a minimum of twice a week.

We compete with the top netball schools throughout the country at county, regional and national cup level. We hold an annual three-day summer camp during the summer holidays for children aged 8-17. Wrekin take part in annual invitational tournaments, including Worcester University.

Testimonials

Millie, Lower Sixth - England Roses
Academy & Nottingham Forest
National Performance League U19
Squad

Harriet, Upper Sixth - Nottingham
Forest National Performance League
U19 Squad

Connie, Lower Sixth - Nottingham
Forest National Performance League
U19 Squad

Isla, Upper Sixth - Nottingham
Forest National Performance League
U19 Squad

Edith, Lower Sixth - Birmingham
Panthers U19 National Performance
Squad

Caitlin, Lower Sixth - Republic of
Ireland and Birmingham Panthers
U19 National Performance Squad



Links and Development Pathways



Wrekin has links with the newly formed franchise, Birmingham Panthers. We run a Player Development Pathway with them throughout the year which attracts players from Shropshire, Cheshire, Staffordshire, Manchester and Birmingham.

Wrekin also has strong links with Tibberton Netball Club which many of our girls from Year 7 - 13 are involved. The Under 14, 16 and 19 squads from Tibberton train at Wrekin twice a week.

Past and Current Successes

Wrekin have been National Schools' finalists for many years. In 2022 Wrekin's U19 team won the bronze medal to be ranked number three in the country. Many of our netball players are part of a number of national performance franchises including Birmingham Panthers, Loughborough Lightning and Nottingham. In 2024, our Under 19, 16 and 14 teams became county champions and progress onto to the regional finals.







RUGBY

**High
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Wrekin College Rugby

High Performance Pathway Programme

Rugby is a sport offered to all from the age of 11, initially through a PE environment focused on skills and techniques, before the competitive season begins. Whether a new starter or a seasoned club player, all boys play, learn and ideally the barriers to some are removed with how we prepare them. Through the Junior system, whether a Saturday or a mid week fixture we focus on large competitive squads knowing that all players learn and develop at different rates. Being offered the chance to play across different positions and situations best prepares us for senior Rugby and the challenges it brings. Rugby is the flagship boys sport from September. We are competitive, exciting and well resourced. A Wrekin Rugby team is worth the watch!

Facilities

Our extensive facilities at Wrekin include:

- 4 well maintained rugby pitches
- 2 scrum machines
- 1 floodlit pitch for training later on in the year, and gym facility to offer Strength and conditioning development



Staff



Jonathan Mather
Director of Rugby

Three level 2 RFU coaches. One current club player on staff. The Director of Rugby has 18 years leading School, University and County programmes and also oversees the County Cup Competitions for the region. External and specialist coaches are employed for short and long term basis with specific clinics and specialisms a focus.

Past and Current Successes

The school has seen excellent results across the year groups with teams becoming dominant at County Cup level as well teams often making it into the later rounds of the National Cups.

Notable success was our U14s who progressed to day 2 of the Rosslyn park National Sevens Competition in 2022.

Testimonials



Henry, Lower Sixth - Midlands West [formally Worcester Warriors] U16 Academy, Dom, Upper Sixth - North Midlands U18, Many current pupils in the Gloucester and RGC academies. OW's Henry Williams, Charlie Pugh, Connor Pugh and Ethan Allen in the Worcester Warriors U18 academy. OW Luca Justice Midlands U18s.

Links and Development Pathways

The school is linked with the Gloucester Rugby Academy Pathway with many students playing for the academy with the local hub based in Shrewsbury. This replaces the Worcester Academy link previously.

There are also players within the RGC Academy based in North Wales.

Many players are selected for Shropshire across the age groups, with players progressing to the North Midlands U18 team with OW Luca Justice making it to the Midlands U18 team.

Some players in the 1XV are also put forward to trial out for the England Lambs, a team made out of the best U19 non academy players across the country. Former representatives are Sam Knight and Lewis Webb.

Club Links

Newport Salop RUFC, Bridgnorth RUFC, Shrewsbury RUFC, Telford Hornets RUFC are our main contributors.

With Wrekin College managing the County Cup competitions from U13-U16 level, while success is aimed for, as is the development of Shropshire Rugby across the County at School level, encouraging an increased number of fixtures at development and competitive level..



Training and Fixtures

In the Christmas term Senior training takes place three times a week on a Monday, Wednesday and Thursday as well as frequent additional skill and individual training on Tuesday afternoons. Junior level (U14s & U15s) training also takes place three times a week in the Christmas term including a morning session in the timetable to optimise facilities and staffing.

The U12 & U13 programme begins in PE from October, before their main fixture term taking place after Christmas. The focus for the seniors and Juniors after Christmas is the County Cup programme and the Sevens circuit.

Last Year 90 fixtures were played in the Christmas term across the School with notable blocks against Malvern and Hereford Cathedral school. U12s & U13s play a regular circuit, are involved in County cup competitions and travel to a range of sevens tournaments. The U14s & U15s have county competition as well as respective National tournaments, the U14s in the School Sports Magazine National Cup and the U15s involved in the Continental Tyres National Cup. U16s have a County competitions, North Midlands Cup, the Sports Magazine National Cup, and play a unique fixture list to support their level. The 1XV have the Continental Tyres National Cup as well as alongside the U16s going to the National Rosslyn Park Sevens Tournament. All teams get experience at various Sevens Tournaments throughout the year, and we manage the County 10-a-side competition in September across different ages.







CRICKET

**High
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Wrekin College Cricket

High Performance Pathway Programme

Wrekin College has been a constant producer of Minor County players on a playing surface fit for the next step! With the back drop of the Wrekin and Shropshire hills behind, our ground has now become the 'Home of Shropshire Cricket'.

We have a fantastic programme here at Wrekin which offers opportunities for every student. As a small co-educational school with a total of 568 students, we have looked to develop the game hugely in recent years with two morning sessions that run from 7am – 8am and Friday afternoon sessions all year round. We have a committed group of staff and coaches that help develop a love of the game. We have vastly altered our fixture list over the past five years and we continue to 'punch above our weight' at Senior and Junior level.

Facilities

Our extensive facilities at Wrekin include:

We have four cricket pitches, six astro nets, three cricket net cages allowing teams to practise on all the wickets and four indoor cricket nets with a brand new surface which was laid in April 2024.



Staff



Richard Ferley
Director of Cricket

One Level 3
ECB Coach and
four Level 2 ECB
Coaches.



Training and Fixtures

Christmas Term -

2 x morning group sessions [1 for first to third form, 1 for fourth to sixth form]. Girls Cricket club during co-curricular programme.

Lent Term -

2 x group sessions [1 for first to third form, 1 for fourth to sixth form]. Girls Cricket club. 1:1 / small group work sessions once a week.

Summer Term -

a minimum of two sessions per week.

Last year, we had over 130 scheduled fixtures. Our notable block fixtures have been, Shrewsbury School, Denstone College and The King's School Chester with 10 teams in action on each occasion. We still play the prestigious fixture of The MCC as well two touring sides from Australia and South Africa. Solihull and Rugby School have also been added onto our fixture card. We enter county cups at all age groups and national cups at the available age groups.



Links and Development Pathways

Worcestershire CCC, Shropshire CCC.

Shropshire County Cricket Board is also located on the school site. This allows us to have fantastic links between us and the Shropshire Cricket Board which sees a variety of county fixtures played at the school.

We also host the Shropshire Schools softball matches in our sports hall as well as hosting The Girls 50 Softball competition.



Club Links

Wrekin has strong club links with Wellington CC, Shifnal CC, Shrewsbury CC, Bridgnorth CC, Wolverhampton CC, Worfield CC and Allscott Heath CC.

Past and Current Successes

Current

William, Upper Sixth (Shropshire/Worcestershire), Finley, Fifth Form (Shropshire/Worcestershire), Morgan, Fifth Form (Shropshire/Worcestershire), Max, Upper Sixth (Shropshire), Arthur, Lower Sixth (Shropshire), Dax, Lower Sixth (Shropshire), Fin, Third Form (Shropshire), Ollie, Second Form (Shropshire).

Past

Dillion Pennington (Nottinghamshire CCC & England U19s), Richard Oliver (Worcester CCC), Jean Paul Duminy (South Africa), Andrew Puttick (South Africa), Rory Kleinveldt (South Africa), Charlie Home (Shropshire CCC & Loughborough MCCU), Matthew Lamb (Shropshire CCC), Luke Thornton (Shropshire CCC), Vanraaj Padhaal (Finland National Team)

Testimonials

William (Upper Sixth)

William has been an integral member of the 1st XI since Third Form (Year 9). William has been vice captain this year and had led the squad in the U17s cup as well. William has been training with the Worcester Academy, Shropshire U18s and Academy as well as playing for Wolverhampton CC 1st XI. This year on his Birmingham Premier League debut William took five wickets. William's two big successes at school have been taking 8-43 against The MCC and scoring 100 against Ellesmere College in a County Cup Semi Final.







SWIMMING

**High
Performance
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Wrekin College Swimming

High Performance Pathway Programme

Wrekin has excellent swimming facilities which provides a great platform to enable all swimmers to achieve their potential. Through strong links with Wrekin Swimming Club who are based at the school, there is a thorough training programme in place which is led by highly qualified coaches who regularly coach swimmers to County, Regional and National Championships. This programme is supported in school by the Director of Swimming and our strength and conditioning coach, to ensure each individual swimmer is able to successfully balance and meet the demands and expectations of training and performance.

Facilities

Our extensive facilities at Wrekin include:

6 lane 25m swimming pool with competition blocks and viewing gallery. Well equipped fitness suite for land training.



Staff



Fully qualified swimming coach with over 30 years experience, who has coached swimmers to British National Championships. Director of Swimming with many years experience coaching school teams up to National Finals. Experienced Head of Swimming at Old Hall (our partnership Junior School) who has coached swimmers to National School Finals.

Training and Fixtures

Regular training sessions before, during and after school in collaboration with Wrekin Swimming Club.

Wrekin swimmers regularly compete at County, Regional and National level. We also host Inter School County competitions and attend ESSA events.



Past and Current Successes

Wrekin Swimmers have been successful at qualifying for County, Regional and National Championships and have been selected to represent Shropshire in the National County Team Championships.

Testimonials

Beth English National Champion in the 100m freestyle (16 years age group), and a Silver medallist in the 200m freestyle.

Swim England wrote the below commentary:

"Beth flew home from lane three to claim the 16 years gold. She only broke the one-minute mark in the heats, but now she went under 59 seconds with an incredible two lengths where she finished in 58.74. She timed her race perfectly."



Club Links

Wrekin Swimming Club offers morning, evening and weekend training at Wrekin College.

The club caters for all serious swimmers who wish to train hard and achieve at County, Regional and National levels and provides opportunities to compete at least once a month at galas all around the Country. They have taken swimmers to National Championships every year in various strokes and events.



FENCING

High
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Pathway
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Wrekin College Fencing

High Performance Pathway Programme

Fencing at Wrekin is an inclusive sport which includes a range of abilities, from beginners who can join the club and receive full training from our team of dedicated coaches, to our elite athletes who are squad members and compete at a series of national competitions throughout the year. Whilst being a niche and elite sport, fencing is very much part of the life of the school, with House fencing being an annual competition in which all pupils can take pride. Our training programme is supported by expert visiting coaches who run intensive sessions for our members to further enhance their game at competition level.

Facilities

We have a full armoury with over sixty weapons. Full kit is provided to every pupil. Significant recent investment has meant that both the amount and standard of kit has been improved to provide fencers with everything they should need. Fencing has a dedicated space in our Sports Hall where electronic scoring equipment is set up on the pistes so that competitive matches can take place.

Club Links

Shrewsbury School, Ellesmere School, Rugby School, Manchester Grammar, Adams Grammar, Warwick School



Staff



Two external coaches who are British fencing Association registered. They are also BFA registered referees. A dedicated permanent member of staff as Head of Fencing to coordinate the fencing programme.



Benefits

There are numerous benefits to belonging to the Wrekin Fencing High Performance Pathway Programme including:

- All squad members can avail of 1-2-1 training and advice on their fencing technique.
- Training on the Health and safety protocols of fencing and the requirements for national competitions. Fencers also receive training on the rules and regulations of fencing which enables them to referee matches. A number of our fencers have refereed at national competitions as a result of this training.
- Many of our fencers take up complimentary sports which help with their overall fitness and agility such as running, badminton, squash.

Training and Fixtures

Training takes place on a weekly basis. This is a combination of training technique, 1-2-1 coaching, and practical experience of fencing 'on the box' whilst under the guidance of our expert coaching team.

The British Youth Championships, The RAF Open, The Public Schools Fencing Championships (the most prestigious of its kind in the country).
Regular fixtures with other public schools.

Testimonials

Regional Champion at the BYC's - Lottie, Upper Sixth

Long Term Athletic Development Programme

We also offer an athletic development programme for our sports scholars, with our Lead Athletic Development Coach Mike Harvey. The ethos of this programme is performance and injury prevention with one to one and gym sessions to help pupils' sporting development.

Coach

Lead athletic development coach Mike Harvey is currently Head of Strength and Conditioning for Birmingham Panthers Netball Wrekin PDP, England masters hockey, England men's universities Hockey and Wales Women's senior Lacrosse team, as-well as training multiple national and international athletes across a wide range of sports.

Alongside helping over 20 Wrekin students play at a national level in the last 4 years, he also runs Athletic development and therapy sessions for the school sports and individual athletes.



Mike has also coached in the champions league and europa conference league and has coached at World championships in 5 different sports!

Boarding

Full, weekly and flexi boarding offered to support both training and studies.

Our boarding accommodation is spacious and of high quality, housing pupils in a mix of small dormitories and (especially for the older years) double or single studies, some with ensuite or private bathrooms. All houses have a range of common rooms and other facilities – kitchens, bathrooms and games rooms. Boys can board in either Tudor or Bayley, while female boarders spend evenings and weekends in their purpose-built hall of residence, Hadden Hall.

Boarding allows pupils to enjoy the independence and community spirit which comes from living with their peers. It can be great fun, and it also helps young people develop self-discipline, confidence, and an ability to get on with others. Some pupils join as day pupils but choose to become boarders later in their school careers, especially in the Sixth Form when it offers a stepping stone towards university life. For others, particularly those whose parents live abroad or have to travel extensively or move around for their jobs, boarding offers stability and continuity throughout their time at school.



Sports Scholarships

We hold 11+, 13+ and 16+ Scholarship days for prospective pupils.

Sports Scholarships will be awarded to candidates who show exceptional ability in major school sports. In addition to completing the relevant section of the entry form, candidates must submit a CV of their sporting achievements to date, together with supplying two supporting written references from external representative bodies from county or club.

To apply for a sports scholarship complete the relevant section on the Entrance and Scholarship application form which is available from our admissions department [admissions@wrekincollege.com or call 01952 265603].



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www.wrekinoldhall.com