

Week 1

LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Snack	Apple	Easy Peelers	Watermelon	Banana	Easy Peelers
MAIN MEALS TO NOURISH, NURTURE AND SUSTAIN	Beef Bolognaise	Chicken & Ham Pie	Prawn Fried Rice	Roasted Pork Roasted Turkey Roasted Ham	Fish Goujons Fishcakes
	Lentil Bolognaise	Medieval Potato and Butter bean Pie	Edamame and Crispy onion Fried Rice	Vegan Fillet Lentil and Bean Roast Broccoli Cheese Bake	Vegan Fish Fingers Macaroni Cheeses
SIDES	Whole Grain Pasta Garlic Bread Peas Carrots Corn	Mashed Potato Peas Carrots Corn	Broccoli & Courgette Carrots Corn	Crispy Roasted Potato Yorkshire Pudding Mixed & Roasted Vegetables Gravy Crackling Sauce Selection	Fries Mushy Peas Petit Pois Tartare Sauce Lemon Wedge Curry Sauce
DESSERT	Old School Cake & Custard	Sticky Toffee Pudding & Toffee Sauce	Rice Pudding Cheese & Biscuits	Apple Crumble	Fairtrade Chocolate Brownie
EVERY DAY	We offer daily a selection of yogurt, fresh fruit, cold desserts, jelly pots, pasta and jacket bars				

FOUNDED IN 1997

HOLROYD HOWE
FEEDING INDEPENDENT MINDS

Week 2

LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Snack	Apple	Easy Peelers	Watermelon	Banana	Easy Peelers
MAIN MEALS TO NOURISH, NURTURE AND SUSTAIN	Chilli Con Carne	Chicken in Black Bean Sauce	Sausage and Chorizo Pasta Bake	Roasted Pork Roasted Turkey Roasted Ham	Breaded Chicken Goujon Southern Fried Chicken
	Lentil & Sweet Potato Chilli	Black Bean Noodles	Mediterranean Pasta Bake with a crumble topping	Vegan Fillet Lentil and Bean Roast Broccoli Cheese Bake	Quorn Chicken Macaroni Cheese
SIDES	Whole Grain Rice Tortillas Corn on the Cob Peas Carrots Sour Cream	Noodles Prawn Crackers Spring Rolls Stir Fry Vegetables	Garlic Bread Peas Carrots Corn	Crispy Roasted Potato Yorkshire Pudding Mixed & Roasted Vegetables Gravy Crackling Sauce Selection	Skin on Fries Baked Beans Curry Sauce Peas
DESSERT	Chocolate cake & Chocolate Custard	Syrup Sponge & Custard	Rice Pudding Cheese & Biscuits	Apple & Mixed Berry Crumble with Custard	Fairtrade Chocolate Brownie
EVERY DAY	We offer daily a selection of yogurt, fresh fruit, cold desserts, jelly pots, pasta and jacket bars				

Week 3

LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Snack	Apple	Easy Peelers	Watermelon	Banana	Easy Peelers
MAIN MEALS TO NOURISH, NURTURE AND SUSTAIN	Shepherds Pie	Chicken Curry	Sausage Roll	Roasted Pork Roasted Turkey Roasted Ham	Fish Goujons Fishcakes
	Three Bean Pie	Cauliflower Curry	Vegetable Sausage Roll	Vegan Fillet Lentil and Bean Roast Broccoli Cheese Bake	Vegan Fish Fingers Macaroni Cheeses
SIDES	Peas Carrots Corn	Whole Grain Rice Naan Bread Mango Chutney Green Beans Carrots Corn	Mashed Potato Peas Carrots Corn	Crispy Roasted Potato Yorkshire Pudding Mixed & Roasted Vegetables Gravy Crackling Sauce Selection	Fries Mushy Peas Petit Pois Tartare Sauce Lemon Wedge Curry Sauce
DESSERT	Rocky Road	Coconut Cake & Custard	Rice Pudding Cheese & Biscuits	Apple Crumble	Fairtrade Chocolate Brownie
EVERY DAY	We offer daily a selection of yogurt, fresh fruit, cold desserts, jelly pots, pasta and jacket bars				