


Week 1

LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 SOUP	All our soups are Waste Knot Soups– A hearty, planet friendly blend crafted from perfectly good surplus vegetables and ingredients that would otherwise go to waste, so every spoonful is packed with flavour and purpose.				
MAIN MEALS TO NOURISH, NURTURE AND SUSTAIN	Pepperoni Pasta	Curried Chicken	Sausage	Roasted Pork Roasted Turkey Roasted Ham	Breaded Chicken Wrap
	Broccoli & Chickpea Pasta Bake	Bean Patty with Curry Sauce	Four Bean Cowboy Casserole	Vegan Fillet Lentil and Bean Roast Cauliflower Cheese Bake	Quorn Chicken Wrap Macaroni Cheese
SIDES	Garlic Bread Peas Carrots Corn	Coconut and Lime Rice Green Beans Carrots Naan Bread Mango Chutney	Mashed Potato Peas Carrots Corn Gravy	Crispy Roasted Potato Yorkshire Pudding Mixed & Roasted Vegetables Gravy Crackling Sauce Selection	Skin on Fries Baked Beans Peas Curry Sauce
DESSERT	Lemon Drizzle Cake	Banana & Chocolate Sponge	Chocolate Mousse Cheese & Biscuits	Gruffalo Crumble & Custard	Fairtrade Chocolate Brownie
EVERY DAY	We offer daily a selection of yogurt, fresh fruit, cold desserts, jelly pots, pasta and jacket bars				


FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS

Week 2

LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 SOUP	All our soups are Waste Knot Soups– A hearty, planet friendly blend crafted from perfectly good surplus vegetables and ingredients that would otherwise go to waste, so every spoonful is packed with flavour and purpose.				
MAIN MEALS TO NOURISH, NURTURE AND SUSTAIN	Creamy Tuscan Chicken	Cottage Pie	Chicken & Broccoli Pasta Bake	Roasted Pork Roasted Turkey Roasted Ham	Pepperoni Pizza Cheese Pizza
	Veg Chilli on Baked Sweet Potato	Lentil Cottage Pie	Mozzarella Pasta Bake	Vegan Fillet Lentil and Bean Roast Cauliflower Cheese Bake	Macaroni Cheese
SIDES	Brown Rice Mediterranean Veg Peas Carrots	Green Beans Carrots	Garlic Bread Peas Carrots Corn	Crispy Roasted Potato Yorkshire Pudding Mixed & Roasted Vegetables Gravy Crackling Sauce Selection	Chunky Chips Onion Rings Corn on the Cob
DESSERT	Shortbread	Strawberry Cheesecake Lemon Cheesecake	Chocolate Mousse Cheese & Biscuits	Apple & Rhubarb Crumble & Custard	Fairtrade Chocolate Brownie
EVERY DAY	We offer daily a selection of yogurt, fresh fruit, cold desserts, jelly pots, pasta and jacket bars				


FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS

Week 3

LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 SOUP	All our soups are Waste Knot Soups– A hearty, planet friendly blend crafted from perfectly good surplus vegetables and ingredients that would otherwise go to waste, so every spoonful is packed with flavour and purpose.				
MAIN MEALS TO NOURISH, NURTURE AND SUSTAIN	Turkey Stroganoff	Lasagne	Spanish Chicken	Roasted Pork Roasted Turkey Roasted Ham	Cod Goujon
	Mixed Bean Stroganoff	Lentil Lasagne	Butterbean & Squash Crumble	Vegan Fillet Lentil and Bean Roast Cauliflower Cheese Bake	Vegan Fish Fingers Macaroni Cheese
SIDES	Mashed Potato Green Beans Carrots	Garlic Bread Peas Carrots Corn	Brown Rice	Crispy Roasted Potato Yorkshire Pudding Mixed & Roasted Vegetables Gravy Crackling Sauce Selection	Fries Mushy Peas Petit Pois Tartare Sauce Lemon Wedge Curry Sauce
DESSERT	Flapjack	Raspberry Swirl Cake	Chocolate Mousse Cheese & Biscuits	Blueberry Sponge & Custard	Fairtrade Chocolate Brownie
EVERY DAY	We offer daily a selection of yogurt, fresh fruit, cold desserts, jelly pots, pasta and jacket bars				